

### East Coast Swing - First Level Closed Rotations

**Pre-requisite**

This is a beginning level pattern. Ability to do basic footwork only required.

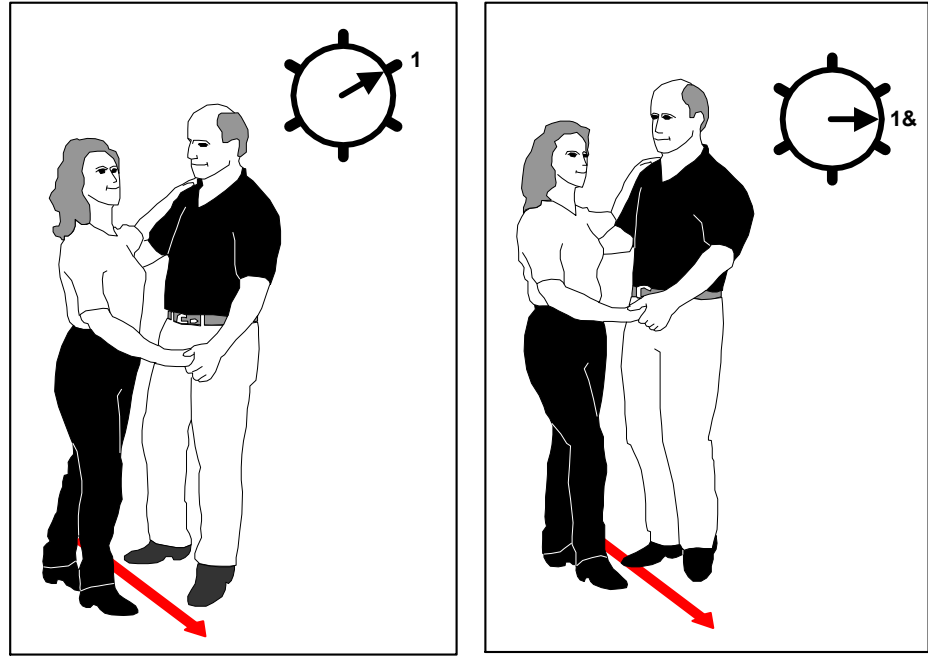
**Overview**

The Closed Rotations in East Coast Swing is one of the main patterns that gives so much energy to the dance. It allows the dancers to move in a clockwise direction around the immediate dance area. The gentleman rotates around the lady on the first triple step set, and the lady moves around the gentleman on the second triple step set.

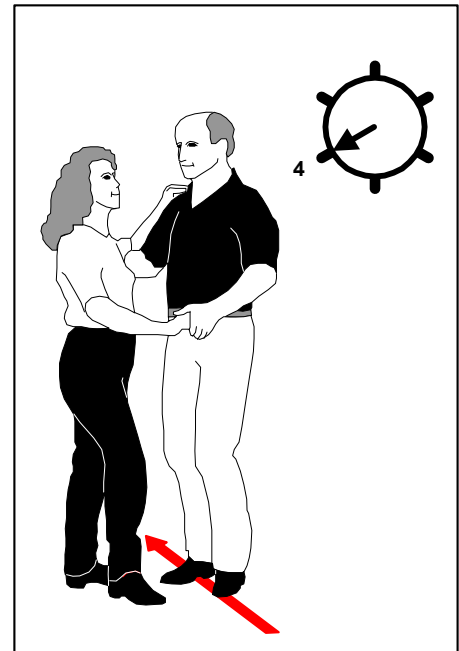
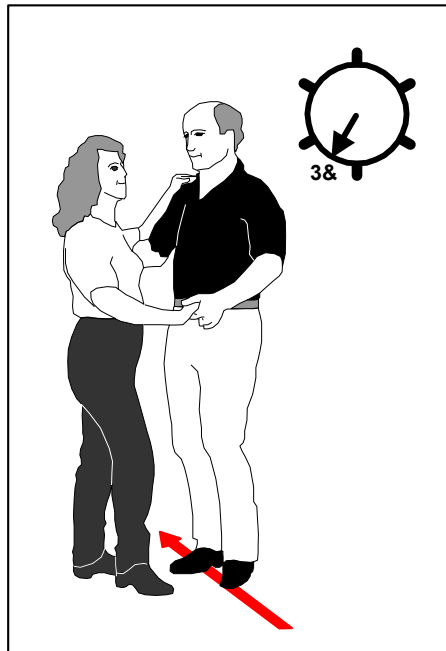
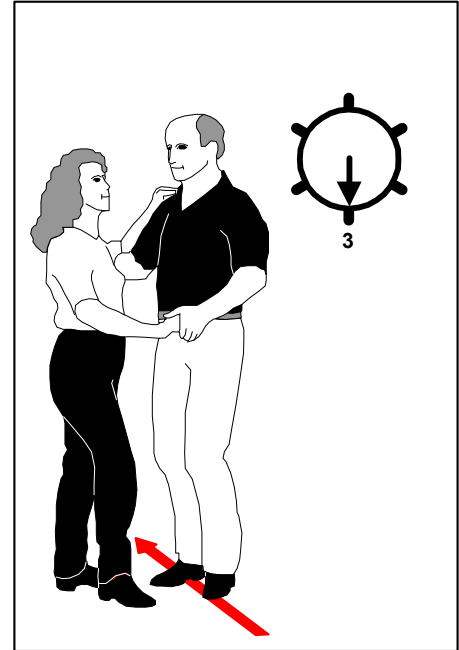
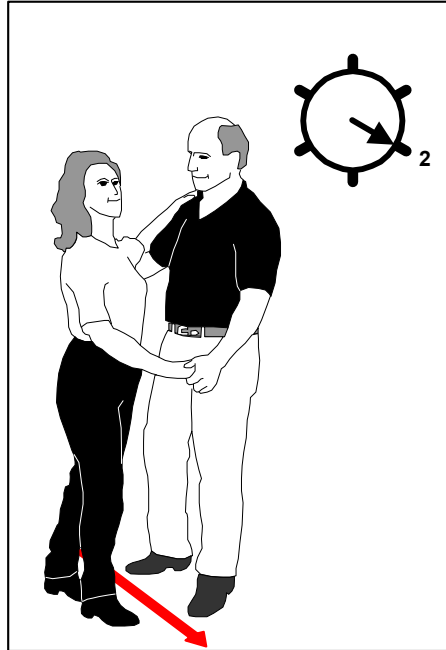
**The Basic**

The following are the steps for the basic to be completed before the rotation turns.

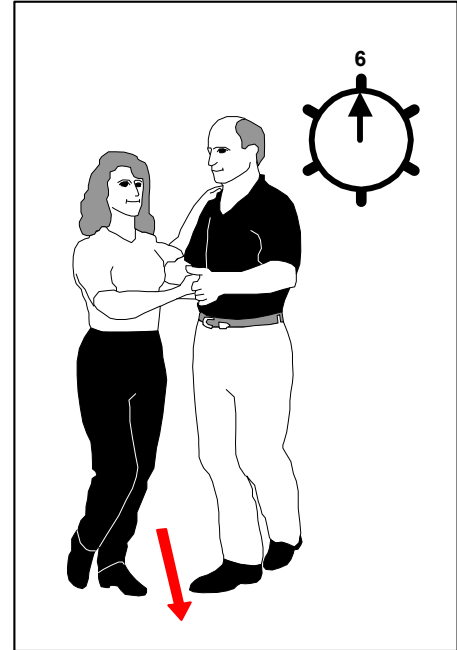
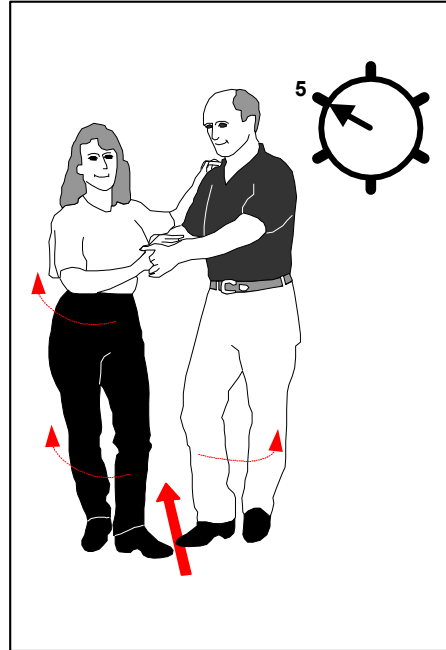
**First Set of Triple Steps**



Basic (Continued)

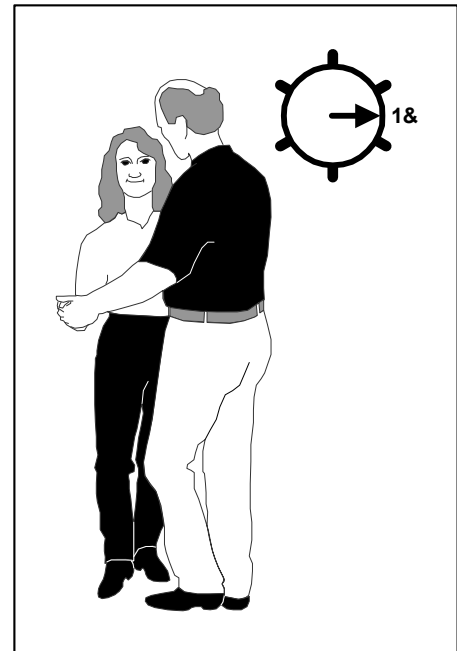
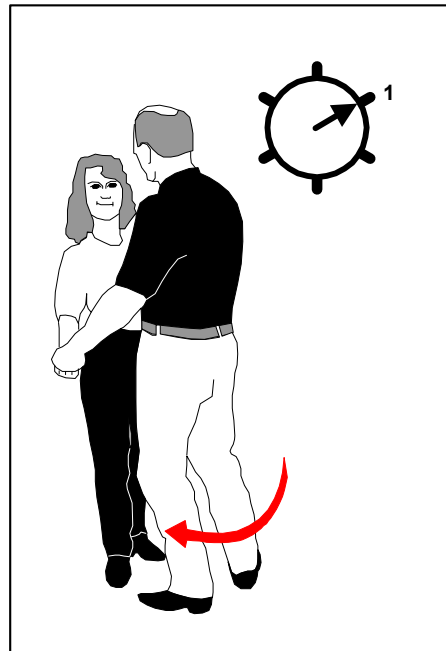


The rock step end for the Basic Closed pattern sets up the beginning of the Rotation Turns

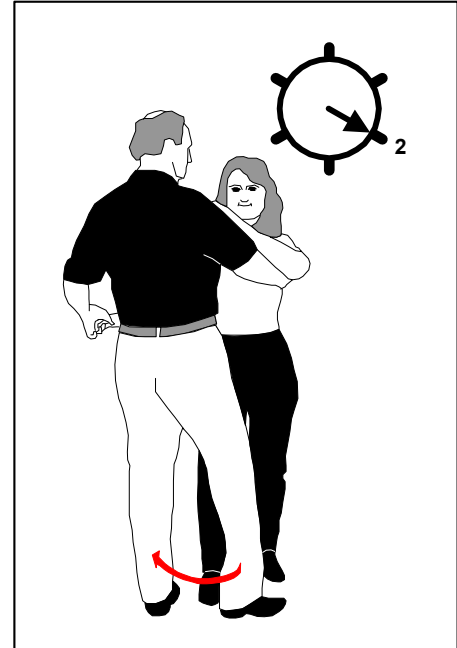


**He Goes**

On the first triple step set, the gentleman takes a large first step in around in front of the lady, which causes her to take a small step. This is his clockwise rotation around her.

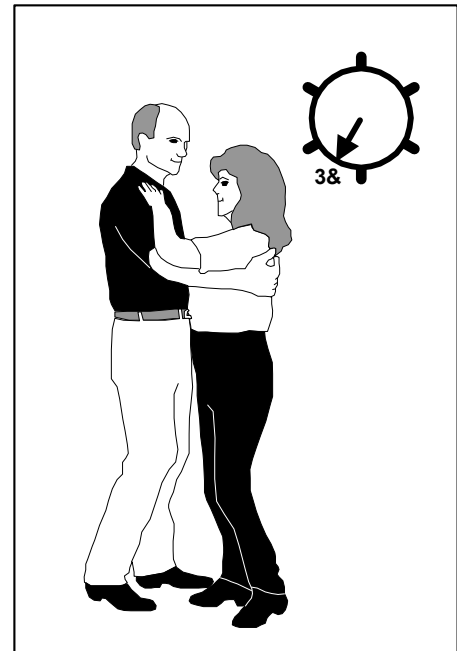
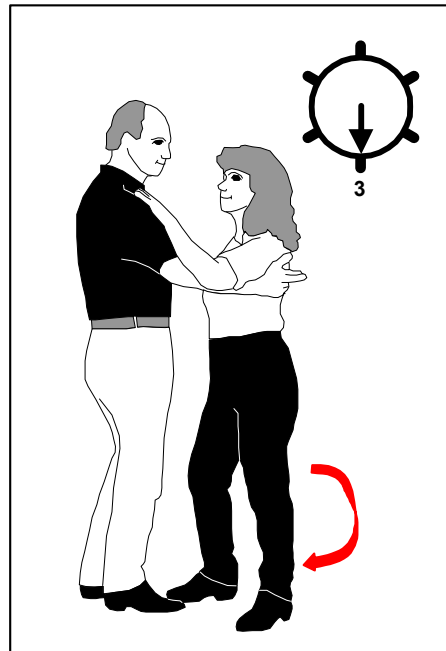


He finished his triple step set with a final large step. The lady takes her final small step of the set directly toward him.



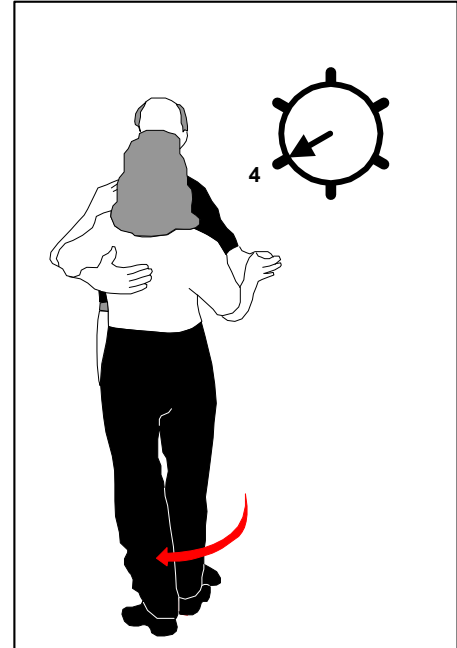
**She Goes**

The gentleman takes his second triple step set in place as he uses his hand on her back and their collected hands to gently compel her to take large steps around him.



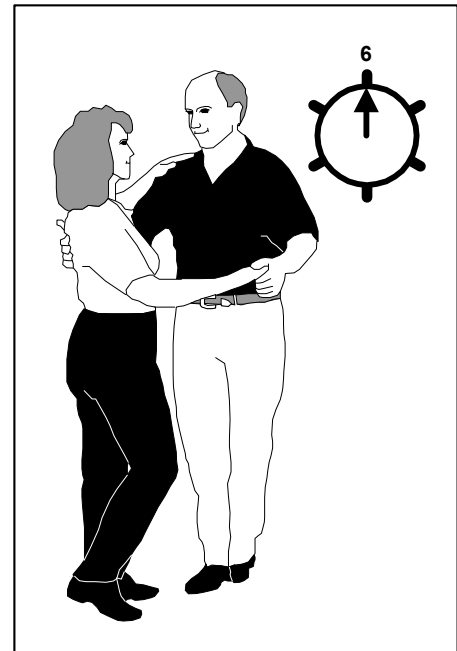
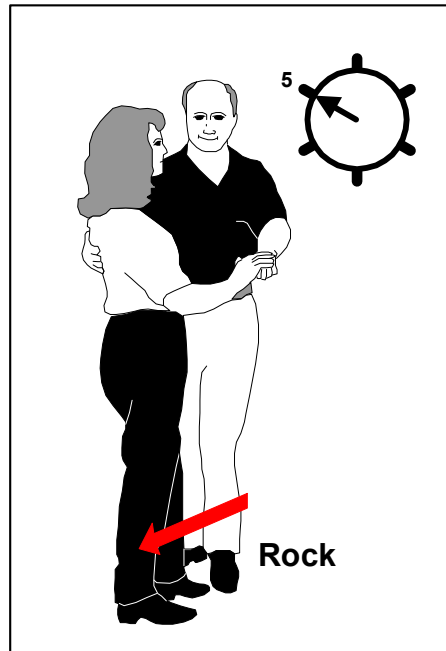
**She Goes  
(Continued)**

On the last step of the second triple step set he gently compels her to take a final large step. She then collects her right foot ready for a rock step.



**Rock Step**

The gentleman steps back for his rock and pushes the collected hands that causes her to step back for her rock. They both replace on the second step, and the gentleman is ready to complete another rotation if he so desires.



## Conclusion

The material presented here is not all-inclusive, but only touches the high points. There are many other tips to help in your East Coast Swing technique. Some of these tips will be presented in the course of other dance segments, while others may have to be taught in conjunction with an instructor present.

This concludes the segment on East Coast Swing Closed Rotations.