

**Two Step Third Level
Two Hand Promenade****Pre-requisite**

To complete this segment, you must have completed the second level of 2 step instruction.

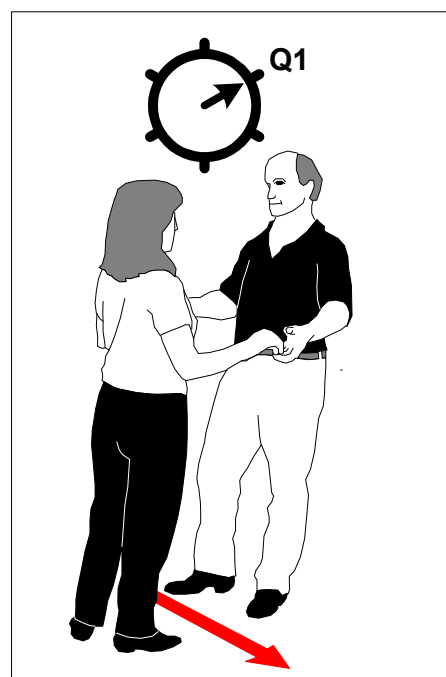
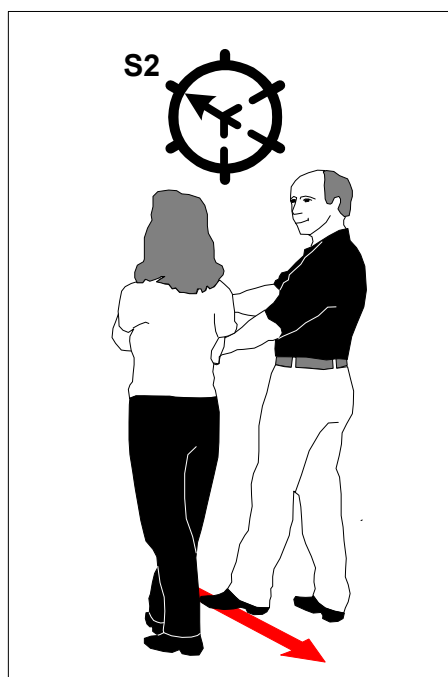
Overview

The two hand promenade is a prelude to the belt loop pattern, which is one of the most common patterns performed in 2 step. In short, it is performing the promenade while never releasing the connected hands. Although this is a simple pattern, the leads, follows, and stations are important for the patterns that are to follow.

Refer to the segment on Two Step – Promenade for details of that pattern.

**Two Hand
Promenade Entry**

Two hand promenade begins with partners facing backward in the line of dance on the second slow step. Both hands are connected with the trailing connected hands “shooting” under the other connected hands.

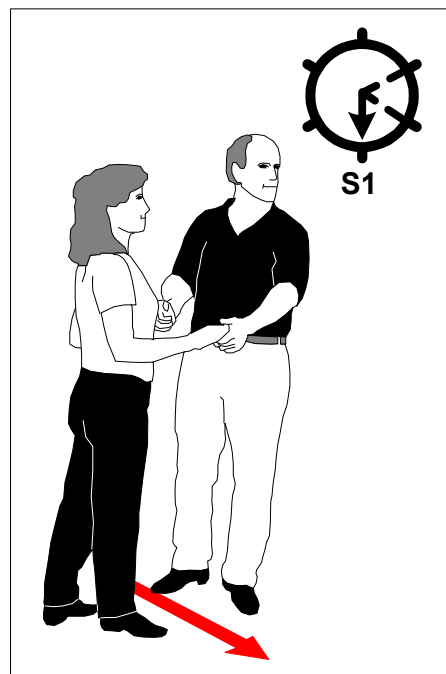
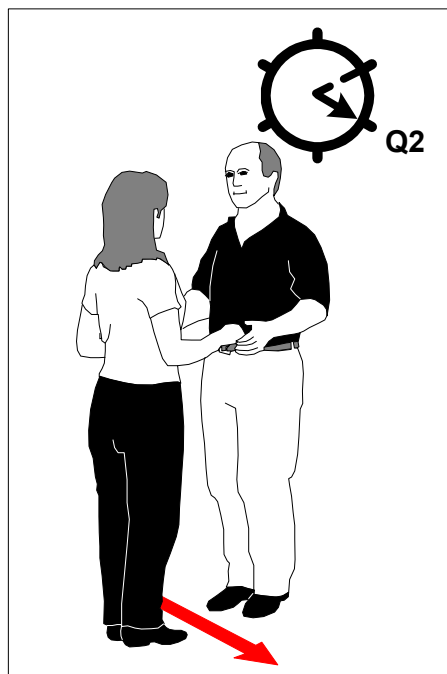


On the first quick, partners turn to face each other as they step sideways down the line of dance.

The Turn

On the second quick step, the partners remain facing each other across the line of dance and bring their trailing feet next to their forward stationary feet in a “together” step.

On the first slow step, the gentleman leads a gentle turn forward in line of dance with the connected forward hands.

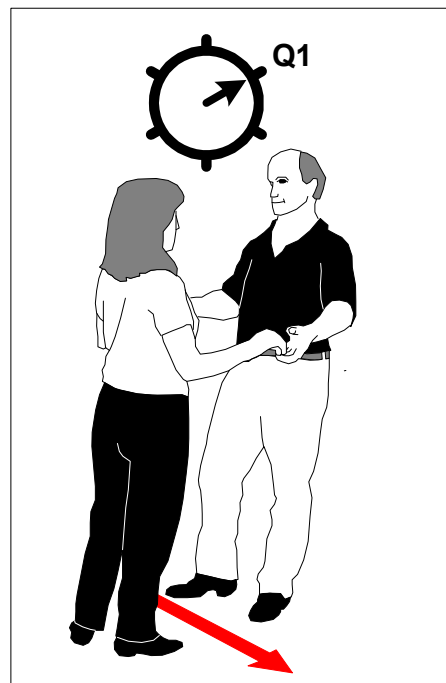
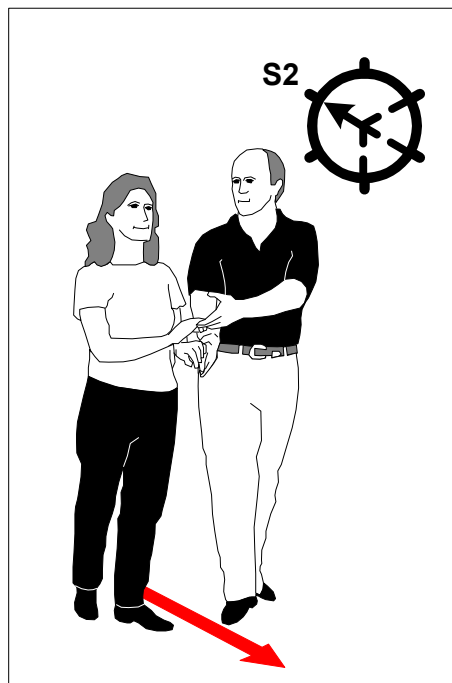


Each partner takes a step forward in the line of dance.

The Sweep and Separate

On the second slow, the gentleman leads the lady to turn forward in the line of dance with a sweep forward and under with the trailing connected hands.

He steps sideways on the first quick, separating the hands to lead the lady to step sideways likewise.

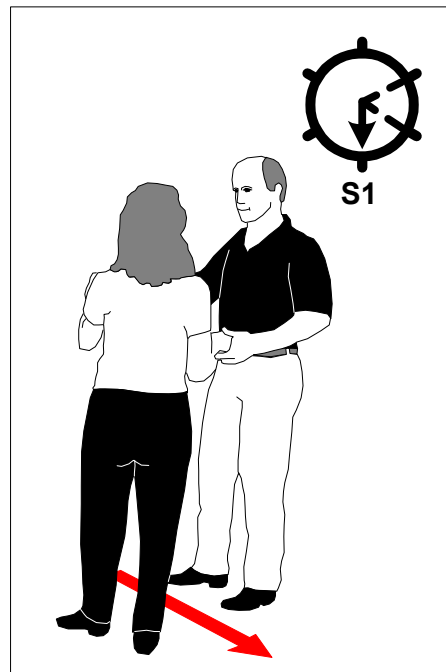
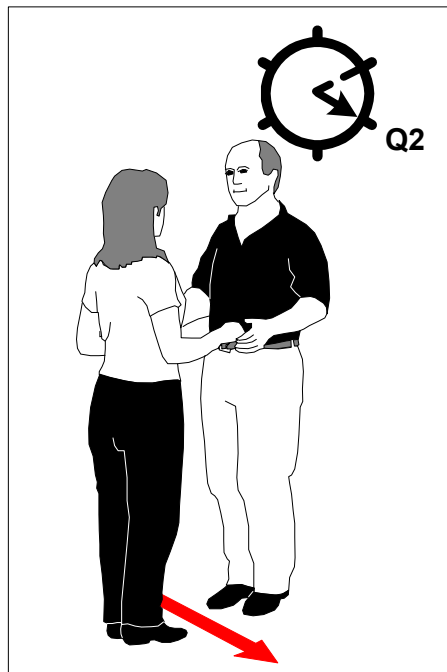


The Return

On the second quick, the gentleman brings his trailing foot beside his forward foot for a side together. She takes visual queue and does likewise.

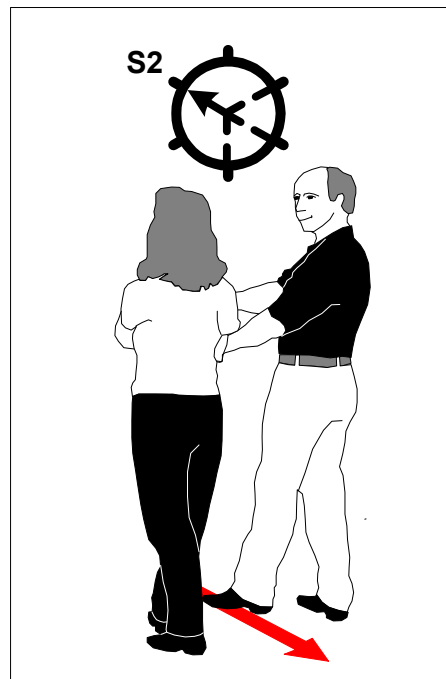
On the first slow step, he leads the trailing connected hands backward in the line of dance to cause her to step backward. He steps backward likewise.

Back to the Start



The gentleman sweeps the leading connected hands through and under the backward line of dance trailing connected hands to cause her to turn backward line of dance and step back. He does likewise.

The partners have now returned to the beginning position.



Conclusion

The material presented here is not all-inclusive, but only touches the high points. There are many other tips to help in your two step technique. Some of these tips will be presented in the course of other dance segments, while others may have to be taught in conjunction with an instructor present.

This concludes the segment on Two step – 2 hand promenade.