

2 Step Third Level Outside Swirl - Single Turn to Closed

Pre-requisite

To complete this segment, you must have completed the second level of 2 step instruction.

Overview

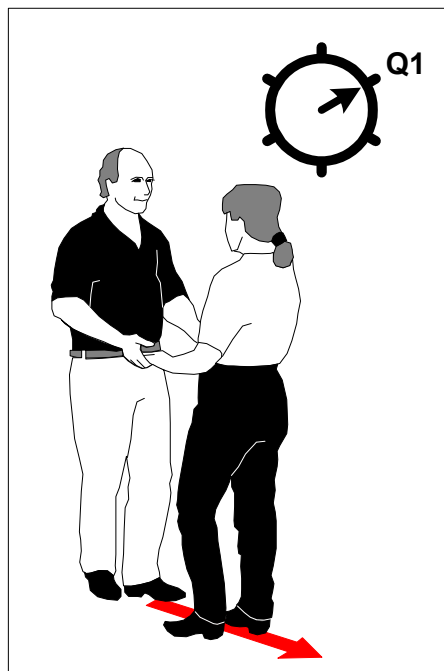
The Outside Swirl to Closed position is the beginning of the natural continuation of the single handed whip. This pattern is the core pattern for an amalgamation known as belt-loops.

In this pattern, the couple start from forward open position. The gentleman leads the lady into an inside side-together while he passes to the outside resulting in a square off position with the lady in “hammerlock” hand hold.

The gentleman leads the lady into a single turn recovery to open position forward.

The Start

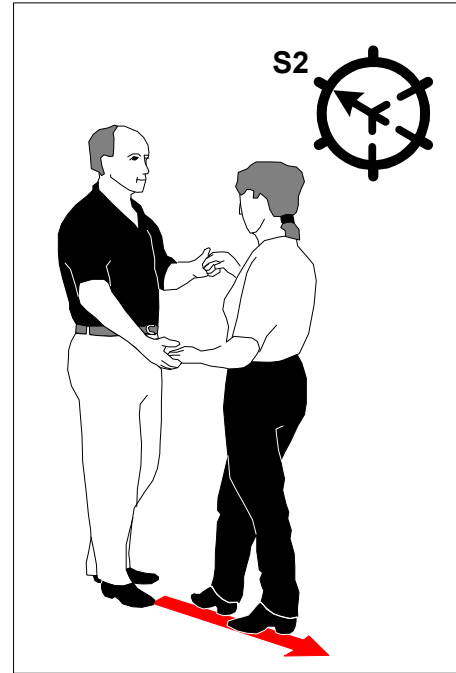
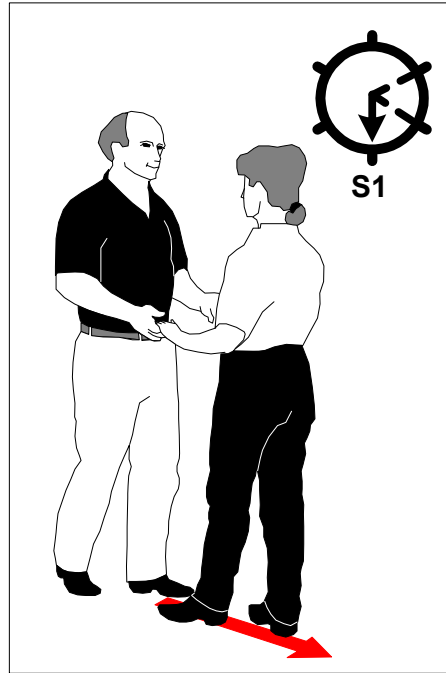
The couple start in OPEN position with gentleman facing forward. They take two quick steps down the line of dance.



The Lead

The lead is on the second slow step. As the gentleman takes his forward step with his right foot, he lifts the connected hands on his left side.

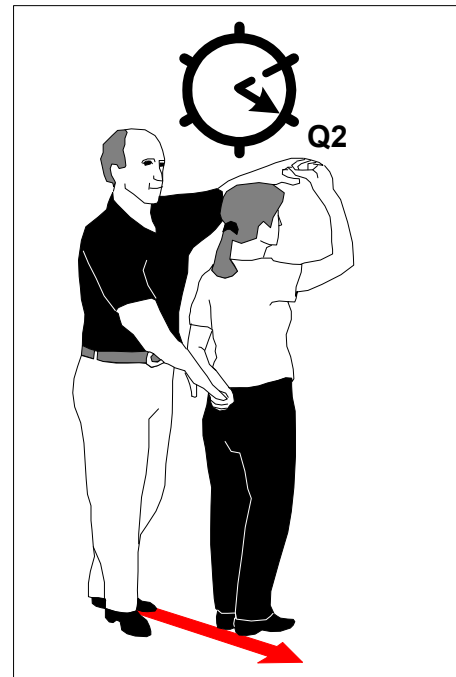
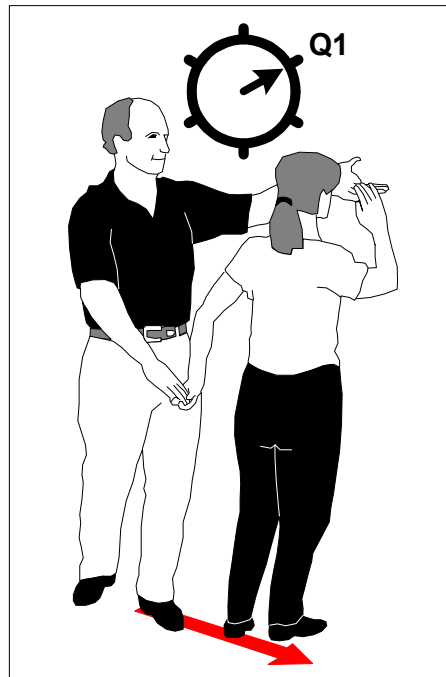
It is IMPORTANT this be a warning and not an execution or the lady will be on the wrong foot. The lead is straight up.



Side Together

The gentleman leads the lady to perform an inside side together quick steps while he steps to the outside line of dance passing his feet.

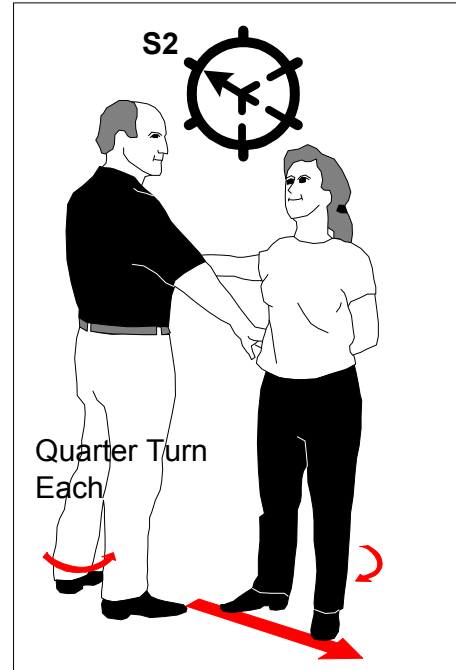
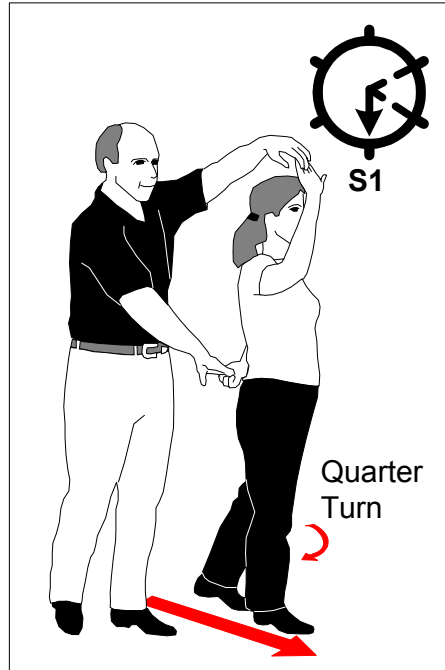
His left hand is held in front of her face to indicate a side together step for her. His right hand is extended LOW so that her arm will pass easily behind her back without causing her discomfort.



The Hammerlock

On the first slow, the gentleman arches his left hand and leads her down line of dance. She pivots a quarter turn to her right.

On the second slow, he pulls his left connected hand backward along the line of dance to cause her to pivot a quarter turn to her right again to the square off. He pivots to square off.



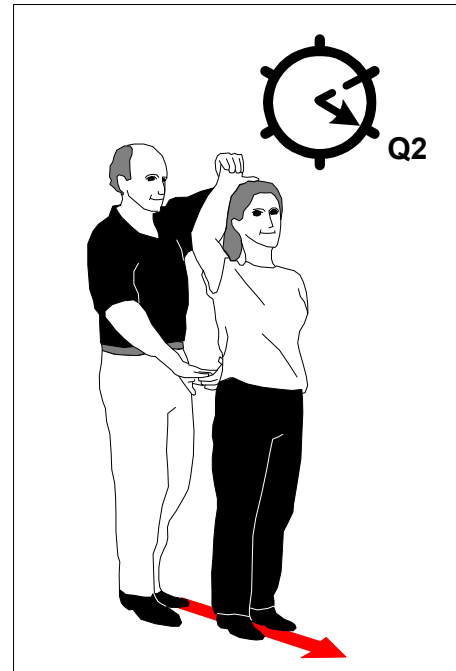
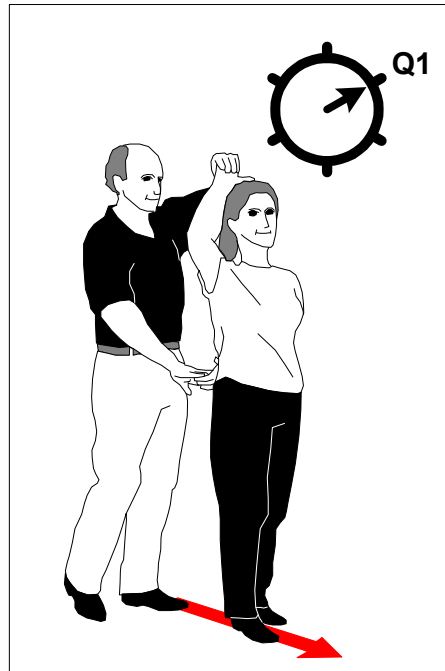
Weight for both is on the leading foot.

Altered Count - In order to have time to bring the lady to the hammerlock square off, it is sometimes helpful for the gentleman to change his count to “quick, quick, quick, and, slow” with the same number of beats. This provides a smoother transition to close.

3 Steps to Exit

The gentleman leads the lady two quick steps down line of dance with his left hand beside her face. He trails behind. (He must take small steps to prevent kicking her heels.)

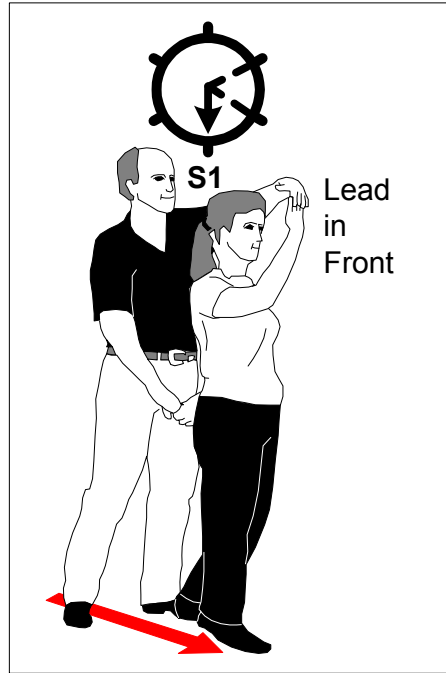
He continues to hold his right connected hand behind her back.



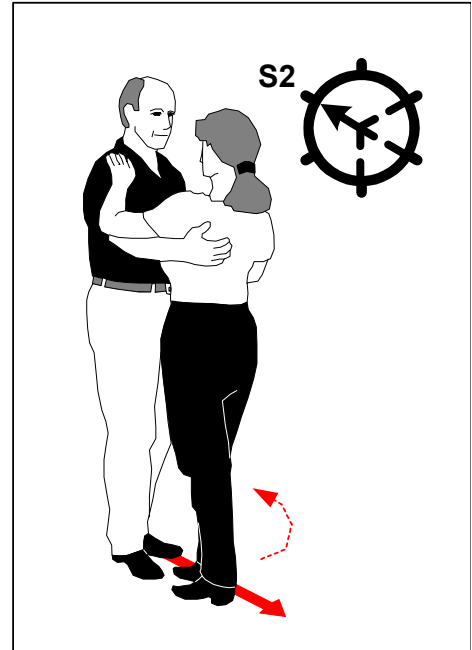
Lead to Closed

On the first slow step, he arches his arm over her head to warn her of a pivot turn. (He steps beside her trailing foot with his left foot to allow him being close.

On the second slow, he takes the left hand down to cause her to pivot back. He releases his right hand, steps forward with his right foot and closes.



He holds his hand in front of her face for the lead.



Lady lifts her left elbow as she turns and places her left hand on his shoulder in closed.

Conclusion

The material presented here is not all-inclusive, but only touches the high points. There are many other tips to help in your two step technique. Some of these tips will be presented in the course of other dance segments, while others may have to be taught in conjunction with an instructor present.

This concludes the segment on 2 step Outside Swirl with Single Turn to Closed.