

2 Step Third Level Promenade - Walk Through Square Off – Single Turn

Pre-requisite

To complete this segment, you must have completed the second level of 2 step instruction.

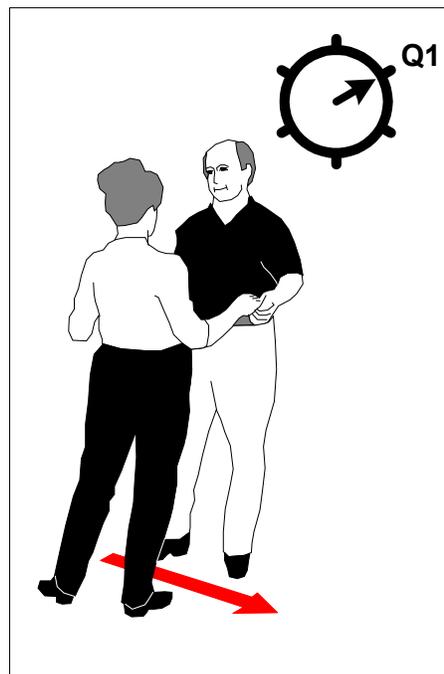
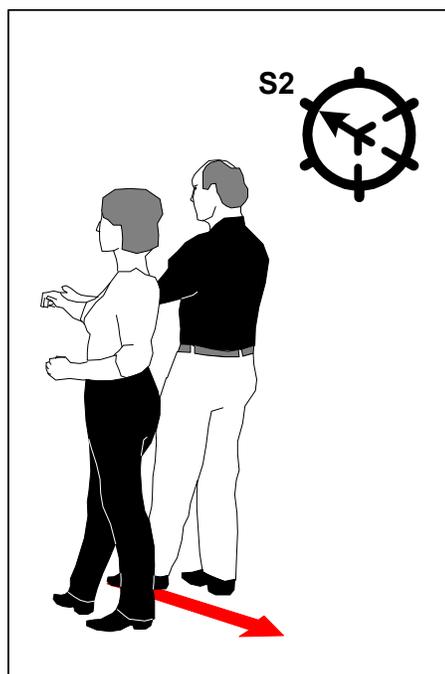
Overview

The Promenade to Walk Through – Square Off is the final pattern set that leads into the 2 Step weave – commonly called the Texas Whip.

In this pattern, the couple start from a promenade position and may dance several repetitions backward and forward line of dance. When dancers are at backward promenade, the gentleman leads an exchange of position. He steps his side-together, leads a “cast” to cause her to step down the line of dance, and leads a “square off”. Finally, he ends the pattern by leading a single turn down the line of dance to the forward closed position.

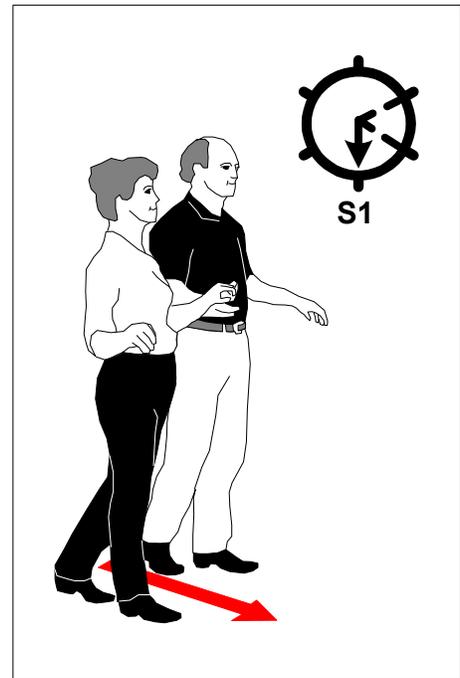
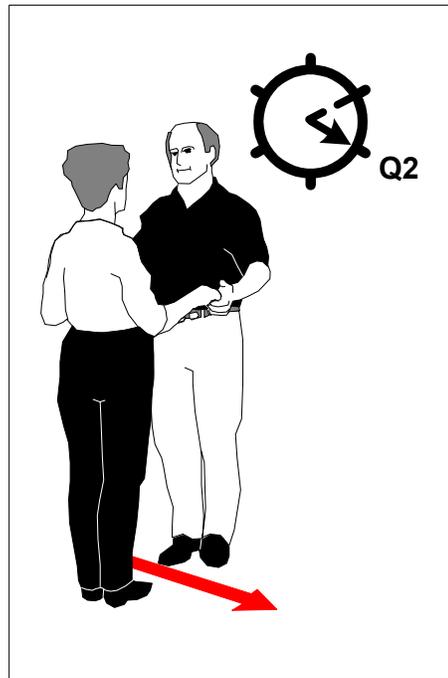
The Promenade

This illustration begins with the second slow in backward promenade position. On the first quick step, the gentleman pulls his lead hand through to cause the lady to turn and face him across the line of dance. He offers his right hand and picks up the lady's left hand.



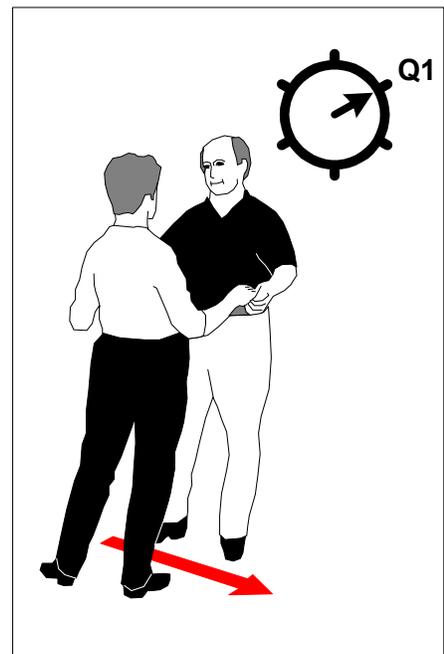
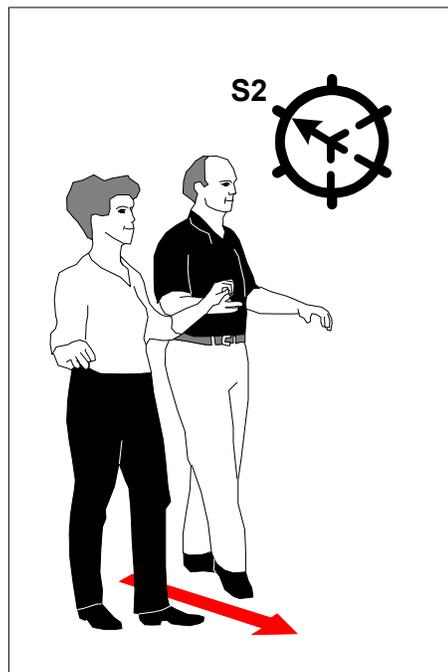
On the second quick, the partners bring their feet together and the gentleman takes the lady's left hand in his right.

On the first slow he pulls through with his right hand. That causes her to turn and step forward along the line of dance along with him.



On the second slow step both partners take a diagonal step forward as a prep step.

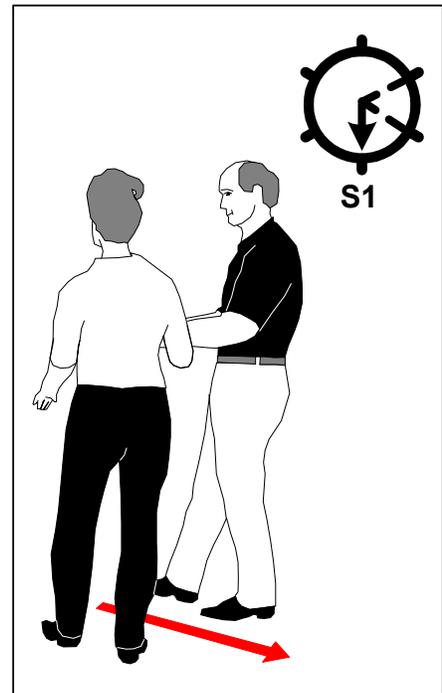
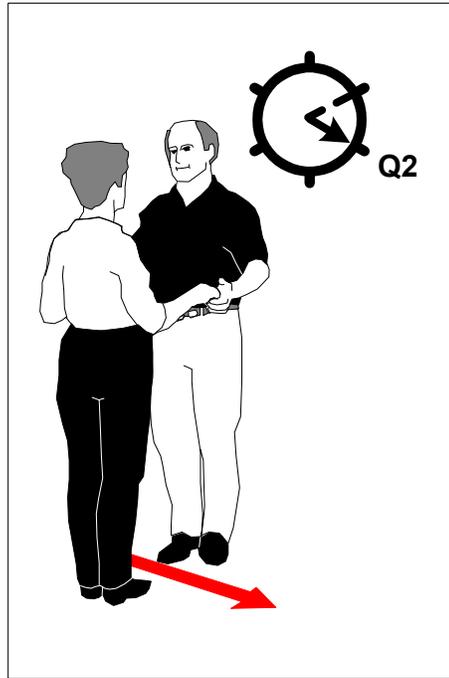
On the first quick step, the gentleman pulls the connected hands through to cause the lady to turn and face him on a side step. He offers his free left hand to the lady.



Extend

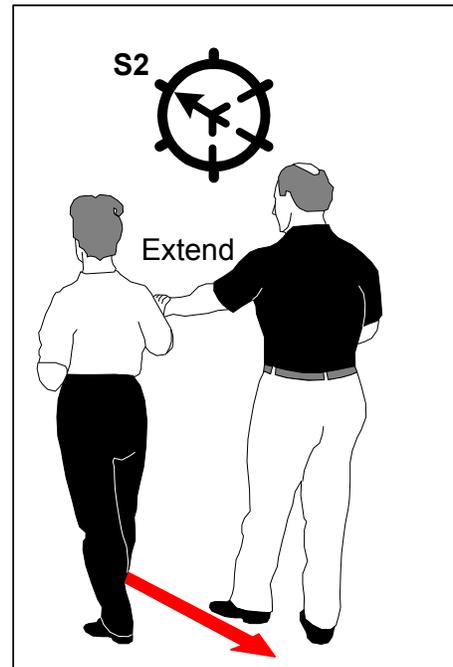
On the second quick step the gentleman takes the lady's right hand in his left. He slightly tightens his frame.

On the first slow, the gentleman pulls the connected hands through still maintaining the tightened frame. This causes the lady to take a smaller step back.



On the second slow step the gentleman extends his connected left hand and takes a larger step back. The previous tightening of his frame and the extended connected arms causes the lady to take a smaller step back.

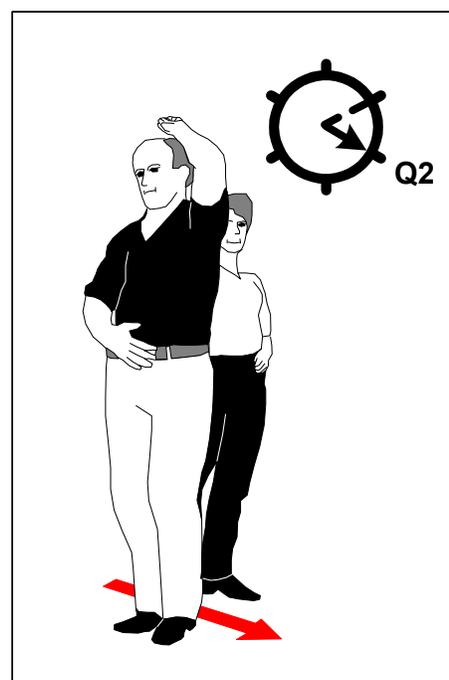
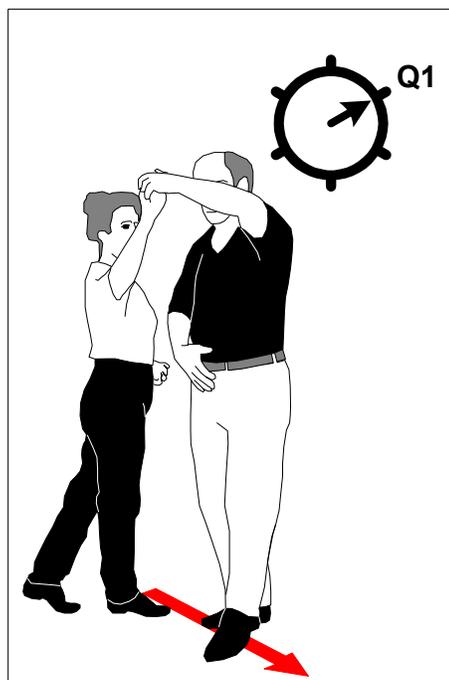
The gentleman is now set up to complete a walk through square off from promenade. As a check, he should be able to look across his left shoulder and easily see across the lady's back along the line of her shoulder blades.



Walk Through

IMPORTANT: It is important that the gentleman take his first quick step immediately behind the lady rather than all the way across. He leads the lady behind him with a waiter's palm on the second quick.

The lady pivots sharply and passes her feet on the two quicks to pass the gentleman up.



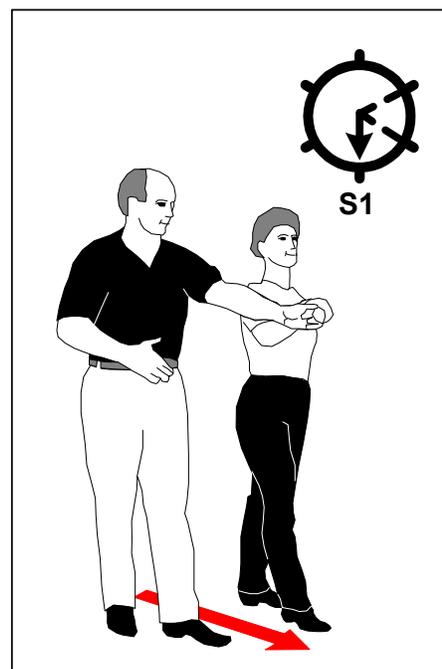
The Cast

The cast is normally on the first slow (see altered timing in next frame.) The gentleman pivots a baby step to his left and leads the lady to take another passing step down the line of dance. The idea is for her to pass him up so she is further down line of dance on the square off for the next step.

Altered Gentleman's Timing

Beginning with the quicks above and all the way through the square off on the next page, it helps if the gentleman alters his timing from "quick, quick, slow, slow" to "quick, quick, quick, quick, quick, slow". (They are exactly the same timing phrase.) The cast shown on this page will be on the third quick count, and the square off on the next page will use up the last quick and the slow count.

What this does is buy the gentleman an extra quick count to transition cast to square off.

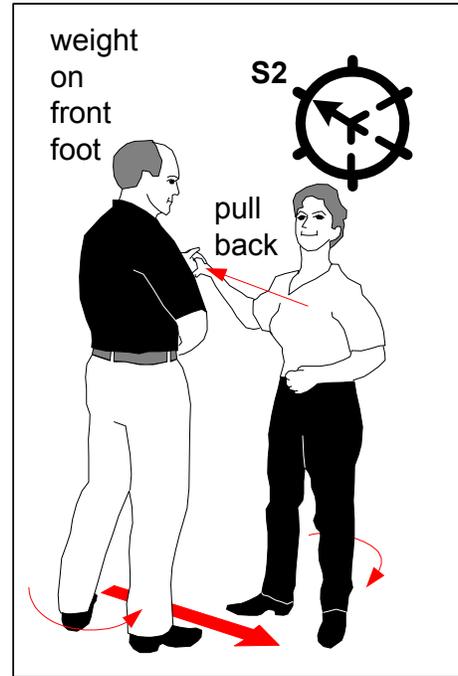


Square Off

The desire position is for the partners to be parallel with each other but offset so they are facing across the line of dance. The gentleman's leading foot lines up approximately with the lady's trailing foot. The lady's right arm is extended straight back along the line of dance and in line with her shoulder.

On the second slow step, the gentleman pivots to his left again and transfers his weight to his right foot. As he steps, he pulls back along the line of dance with the connected hands that causes the lady to pivot to her right a quarter turn and she transfers her weight to her leading left foot.

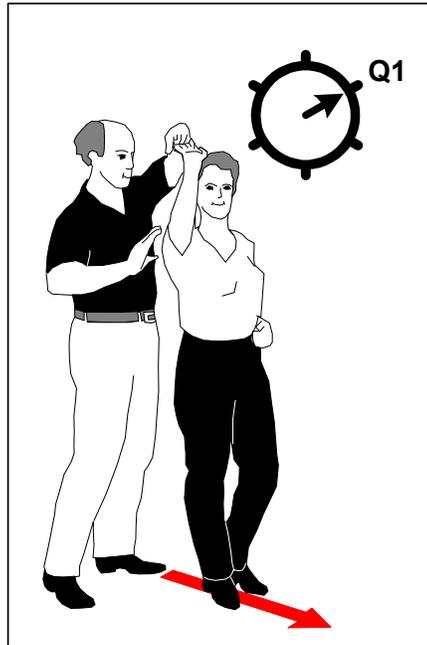
It sometimes helps for the lady to spot (look) down the line of dance to prevent her from over rotating. The consequence of over-rotating is that she will have a difficult time of taking the next step forward down the line of dance – DON'T OVER ROTATE.



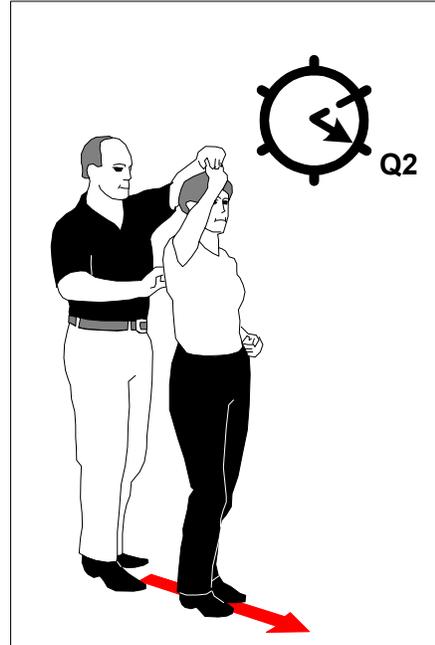
The Close (Single)

On the first quick step, the gentleman lifts the connected hands to the side of the lady's face to cause her to step down the line of dance. He steps behind her and places his right hand on her shoulder.

On the second quick, he holds back on the connected hands to prevent her from starting a spin and he takes a small step forward.

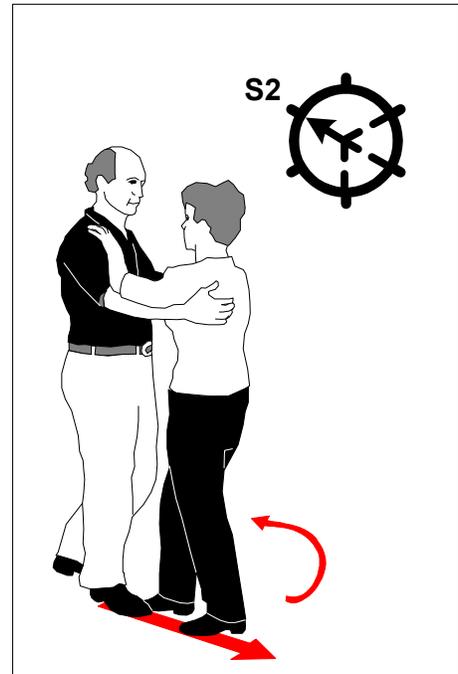
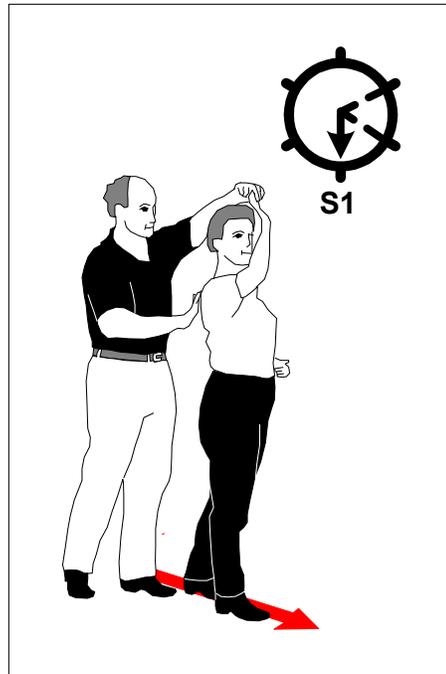


CAUTION: Opposite foot work only works facing your partner.



The gentleman's small step is to prevent kicking the lady.

The gentleman leads the lady down the line of dance on the first slow step. On the second one, he turns the connected hands and brings them down to cause the lady to pivot back to face him and step back. He takes a large step forward to close up with her.



Conclusion

The material presented here is not all-inclusive, but only touches the high points. There are many other tips to help in your two step technique. Some of these tips will be presented in the course of other dance segments, while others may have to be taught in conjunction with an instructor present.

This concludes the segment on 2 step Promenade to Walk Through Square Off with a single turn.