

2 Step Second Level Left Body Turn

Pre-requisite

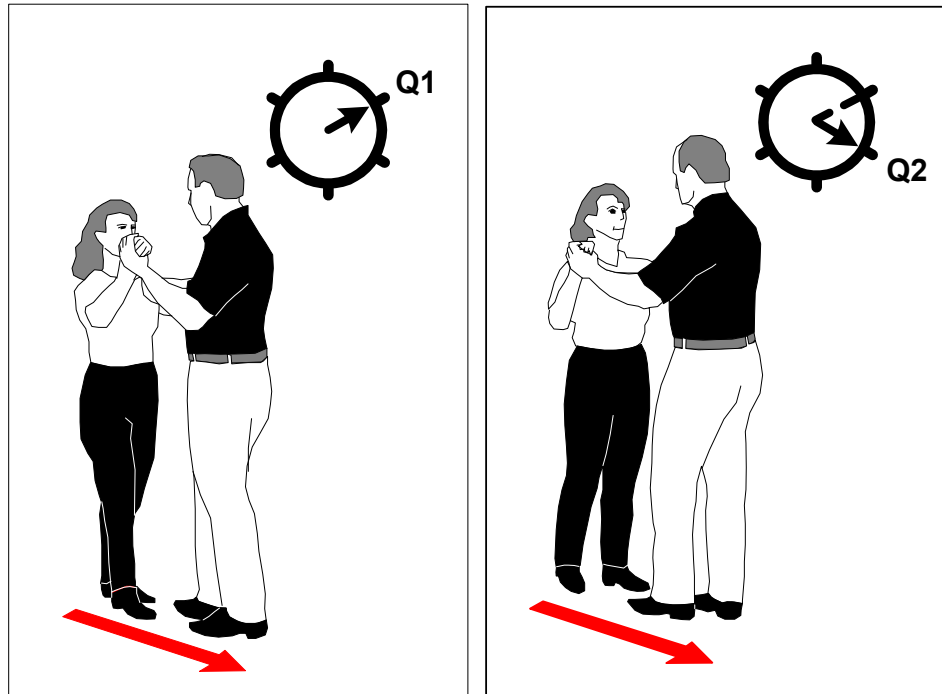
To complete this segment, you must have completed the first level of 2 step instruction.

Overview

The Left Body Turn is the only pattern of memory that can be completed is less than one basic. The gentleman begins in backward closed position. He steps to the side to get out of the lady's path, pulls her along the line of dance turning her as she goes by, and follows in behind her to be in forward closed position.

The Lead

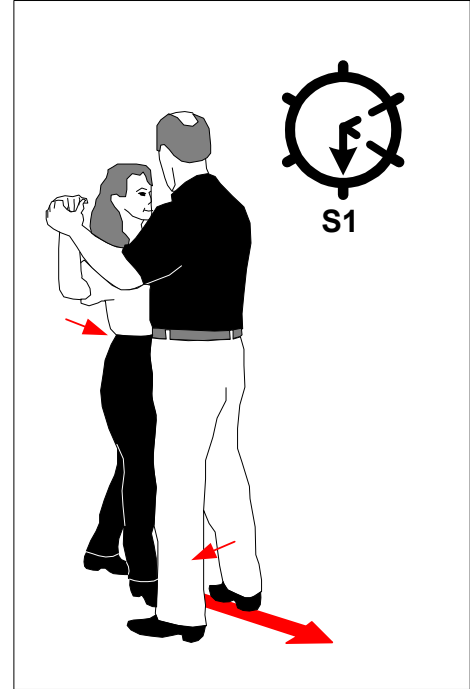
In the first two quick steps the gentleman is in backward line of dance in the CLOSED position.



CAUTION: It is important that the gentleman step directly to the side as much as possible. Any distance he steps diagonally down the line of dance closes the hole for her foot and will cause her to take an enormous step on the following pivot turn. Not good.

On the first slow step, the gentleman steps directly to his left transferring his weight to his left foot. This is a change of direction for him but not for the lady. She is still moving forward at the same speed. Although this may seem a surprise to the lady, he gently compels her with his right hand on her back to continue forward.

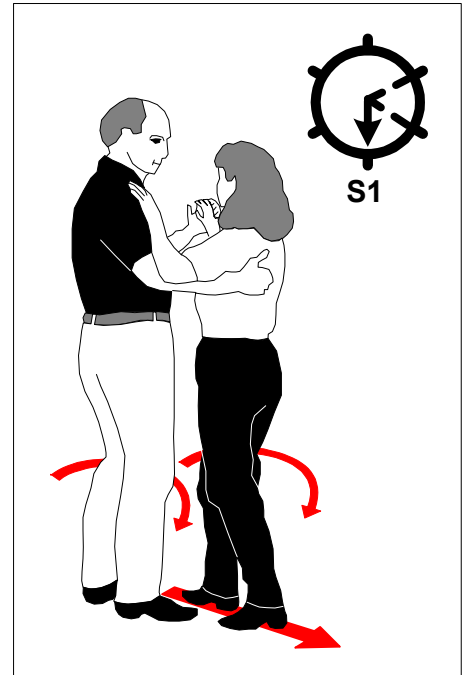
The gentleman's parted feet provide a hole into which she steps with her right foot. The objective of the gentleman is to make it as comfortable as possible for the lady.



Pivot Turn

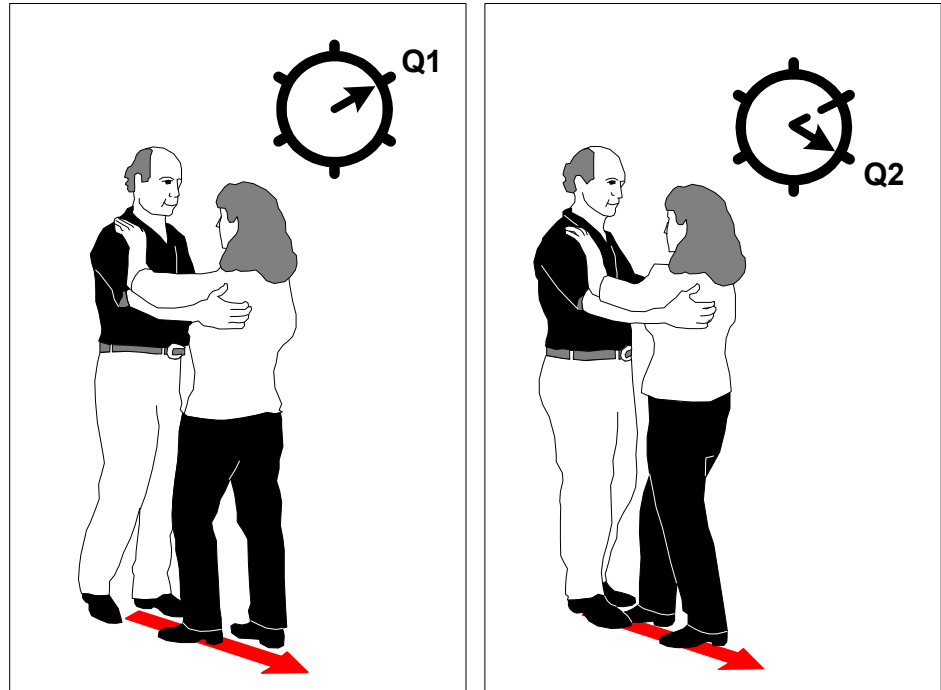
The gentleman tightens his frame and pivots his body to compel the lady to pivot 180° and end backward in line of dance with her left foot back. The gentleman will have to allow his right foot to glide slightly on the floor as they turn so that his right foot ends between the lady's feet.

As the lady faces backward, the gentleman releases tension in his arms to allow the partners to separate. The feeling is one of an accordion – in as she approaches and out as she passes.



Recovery

On the quick steps the gentleman leads the lady with his frame into the normal quick steps forward closed line of dance.

**Conclusion**

The material presented here is not all-inclusive, but only touches the high points. There are many other tips to help in your two step technique. Some of these tips will be presented in the course of other dance segments, while others may have to be taught in conjunction with an instructor present.

This concludes the segment on 2 step Left Body Turn.