

Beginning WCS: Right Side Pass

Pre-requisite

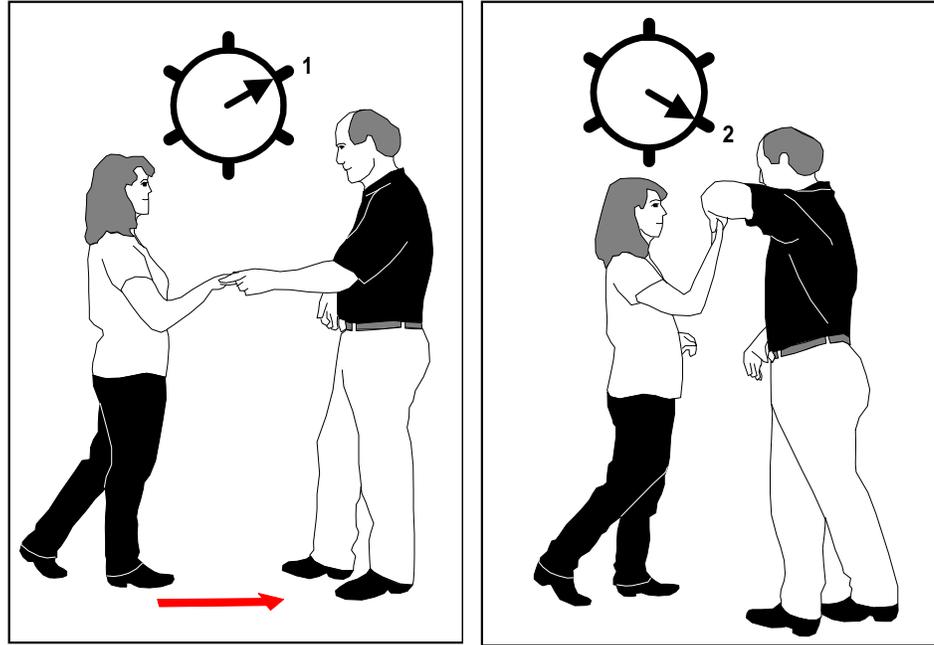
To complete this segment, you must be able to do basic West Coast Swing.

Overview

The right side pass is the first pattern where the gentleman uses his perpendicular track to allow the lady to pass on his right side. The right side pass is a 6-count pattern.

The Steps

The pattern begins after the gentleman has completed a “Sugar Push” or release of his right hand on the count of 4 in the previous basic.



The gentleman uses the count of one to compel the lady forward by his stepping back with his left foot and drawing his left hand with him. Once the lady is moving forward, he need not apply additional force as she moves forward constantly on her own as described by “inertia” in the basic footwork.

The Gentleman’s Track

On the count of two, the gentleman crosses his right foot over with his left foot to establish the line of his perpendicular track. He arches his hand to indicate that the lady should pass under as she steps forward on her left foot. This arched hand creates a vertical positioning of the lady’s forearm that is often referred to as a post.

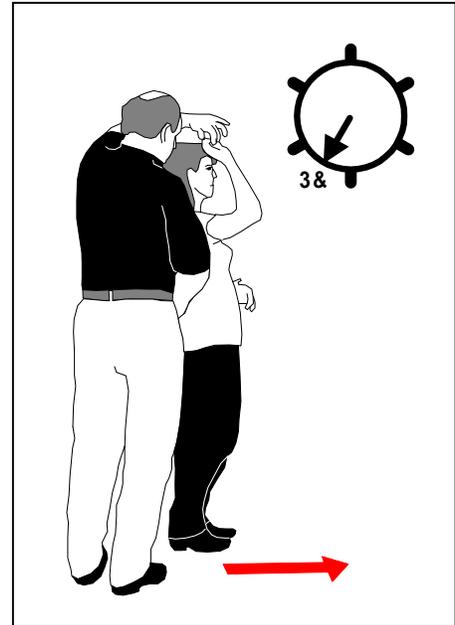
The Post

The Head Loop

An alternative is for the gentleman to loop the arm over the lady’s head and rest the connected hands on the lady’s shoulder (not illustrated.) This Head Loop will only work if the lady follows the rule that her arms must have resistance below her shoulders and be limp above her shoulders.

Arch

Steps 3, & are the first two steps of a triple step set.

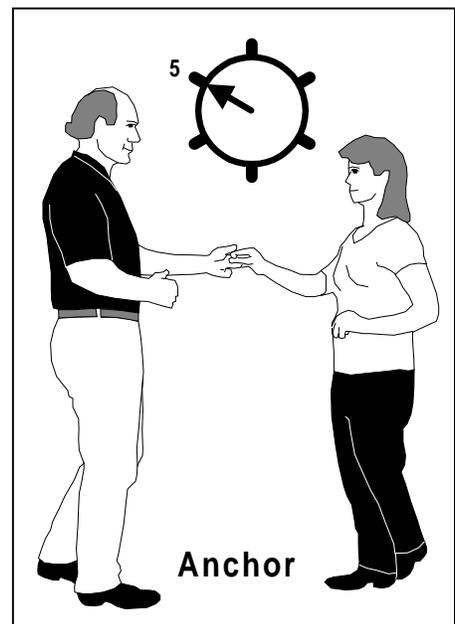
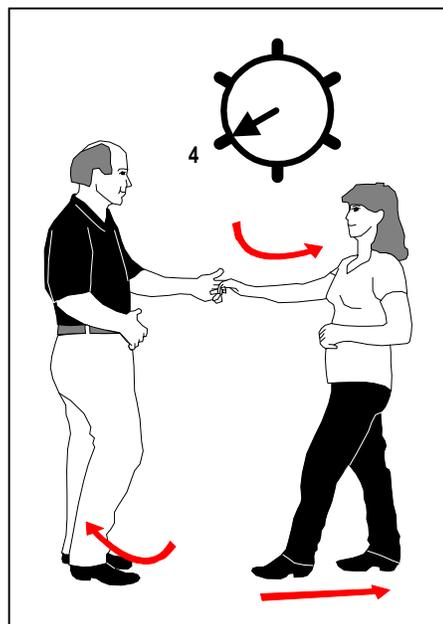


On the count of 3, the gentleman steps shallowly to his left to maintain his track. The lady steps forward with her right.

On the count of (3)&, the gentleman shifts his weight to his right foot and gives pressure on the lady's hand to compel her to slow her forward momentum as she steps in place with her left foot.

On the count of 4, the gentleman steps back onto the lady's track with his left foot and turns to face the lady. The lady has run out of room with her extended arm and she turns counter-clockwise to face the gentleman stepping back with her right foot.

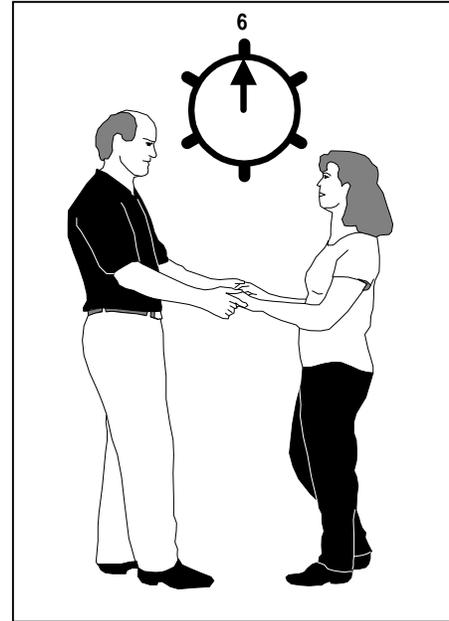
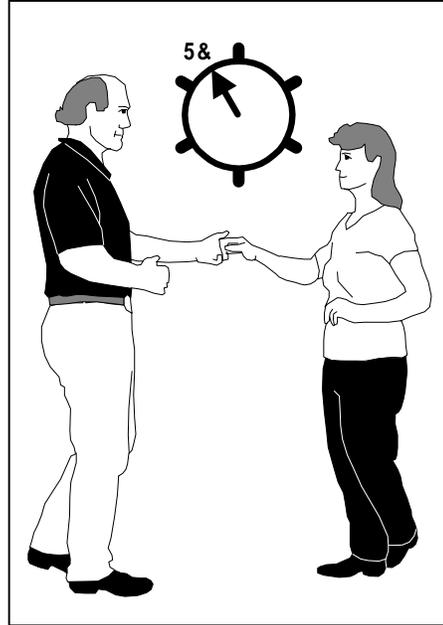
The count of 5 is the anchor step set beginning – gentleman or his right and lady left.



Anchor-in-Place

On the count of (5)&, the gentleman shifts his weight to his left foot and the lady shifts her weight to her right foot.

On the final count of 6, the gentleman shifts his weight to his right ready to step out on his left. The lady shifts her weight to her left, ready to step out on her right.

**The Ending**

The gentleman offers his right hand to make a connection before the beginning of the next pattern.

Conclusion

The material presented here is not all-inclusive, but only touches the high points. There are many other tips to help in your cha-cha technique. Some of these tips will be presented in the course of other dance segments, while others may have to be taught in conjunction with an instructor present.

This concludes the segment on West Coast Swing Right Side Pass.