

# **BETTY & LOU'S 2STEP2 DANCE STUDIO**

**281-337-0441**

WEB PAGE- [www.2step2.net](http://www.2step2.net)

## **1ST LEVEL 2STEP**

### **TWO STEP**

**1. BASIC FORWARD**

Lady's quick underarm turn

**2. BASIC BACKWARD**

**3. ALTERNATING BODY TURNS (RIGHT TURN – FWD/BWD)**

**4. RIGHT TURN TO CONVERSATION TO**

**A. FORWARD LINE OF DANCE**

**B. BACKWARD LINE OF DANCE**

**C. LADIES UNDERARM TURN**

**5. CONVERSATIONS BCKW & FRWD PROMENADE WITH FIX THE HAND. END WITH CONVERSATION**

**\*CAN BE DONE FROM BACKWARD OR FORWARD**

**6. BALANCE STEP**