

BETTY & LOU'S 2STEP2 DANCE STUDIO

281-337-0441

www.2step2.net

4 TH LEVEL CHA-CHA

1. HAND PUSHES
 - A. LADY'S FREE SPIN ONLY
 - B. BOTH FREE SPIN

2. KNEE LIFTS (STARTING/TRAVELING TRIPPLE-STEP CROSS-BEHIND PLACING TOP OF FOOT AGAINST BACK OF CALF)

3. ALTERNATE SWEETHEART
 - A. SINGLE TURN
 - B. LADY'S DOUBLE TURN

4. HAMMER LOCK (SWIRLS)

5. SERPENTINE (PARALLEL BREAKS WITH SYNCOPATION)

6. CLOSED BACK BREAK W/LUNGE TO FREESPINS AND CROSSOVER BREAK