

BETTY & LOU'S 2STEP2 DANCE STUDIO
281-337-0441
www.2step2.net

10 TH LEVEL POLKA

ENTRANCE TO MALE PRETZEL

- A. BELT LOOPS
- B. CONTINUOUS WITH DOUBLE SPINS
- C. BACKWARD PROMENADE, HAND BEHIND BACK

EXIT FROM MALE PRETZEL

- A. BWD PRETZEL TO ONE HANDED SQUARE OFF
- B. MALE WRAP UP

EXIT FROM WRAP UP

- A. TRIPLE IN PLACE-LADY DOUBLE SPINS TO:
 - 1. FORWARD PROMENADE
 - 2. ROPES (1 HAND)
- B. MALE DUCK OUT TO ROPES (2 HANDS)