

BETTY & LOU'S 2STEP2 DANCE STUDIO

281-337-0441

[www.2step2.net](http://www.2step2.net)

12 TH LEVEL POLKA

TWO STEP

1. FAKE BELT LOOPS
2. FAKE LARIET
  - A. TO LADY'S WAIST WRAP
  - B. FREE SPINS FOR BOTH, TO FORWARD PALM-TO-PALM
3. FAKE LARIET WITH BODY WRAP TO RIBBONS
  - A. FAKE LARIET WITH BODY WRAP TO LARIET
4. ROPES TO CHICKEN WING (DEATH GRIP HOLD)
5. FAKE LARIET TO LADY'S WAIST WRAP TO LADY AND MAN'S SHIMMP POP TO FREE SPIN EXIT (MAN BACKS UP)