

BETTY & LOU'S 2STEP2 DANCE STUDIO

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www.2step2.net

2nd LEVEL POLKA

- 1. CONVERSATION TO SINGLE UNDERARM TURN TO BWD/FWD PROMENADE**

- 2. BWD PROMENADE TO SINGLE UNDERARM TURN TO FWD CLOSED POSITION**
 - A. MULTIPLE PROMENADE UNDERARM TURN**

- 3. WALKTHRU – TO SQUARE OFF WITH LADIES SINGLE UNDERARM TURN. (NOTE: MALE START FROM BWD. POSITION)**

- 4. LEFT TURN (LEAD ON FIRST SLOW)**

- 5. BASIC UNDERARM TURN TO BACKWARD PROMENADE (BOTH MOVE FORWARD ON 1 & 2, TURN BACKWARD ON 3 & 4 ENDING IN BACKWARD PROMENADE)**

- 6. PARALLEL WALKS
MOVE INTO CONVERSATION POSITION, ALTERNATE FORWARD & BACKWARD**