

BETTY & LOU'S 2STEP2 DANCE STUDIO  
281-337-0441  
[www.2step2.net](http://www.2step2.net)

## **6<sup>TH</sup> LEVEL POLKA**

1. REVERSE PASS
  - A. WITH SINGLE UNDERARM PASS
  - B. WITH DOUBLE SPIN
  
2. OPEN POSITION TO INSIDE SWIRL
  - A TO BWD PROMENADE
  
3. DOUBLE CROSS TURNS
  - A. TO BWD PROMENADE
  
4. SPIN WHIP-ENDING WITH R-TO-R BACKWARD
  - A. SHOULDER PASS TO SPIN WHIP