

BETTY & LOU'S 2STEP2 DANCE STUDIO

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[www.2step2.net](http://www.2step2.net)

Salsa Level 1

1. OPEN /CLOSED BASIC
2. ROTATION/SPOT TURNS
  - A. CLOSED
  - B. OPEN
3. SIDEWAYS BASIC
4. QUICK OUTSIDE U/A TURN
  - A. (L-R)
  - B. (R-R)
5. SLOW OUTSIDE U/A TURN
6. CUCARACHAS
  - A. CLOSED
  - B. OPEN
7. 2 HANDED QUICK U/A TURN WITH OVERHEAD SEXY RECOVER
8. CHASE TURNS/ HE GOES, SHE GOES (FREE STYLE)