

BETTY & LOU'S 2STEP2 DANCE STUDIO
281-337-0441
www.2step2.net

LEVEL 3 TRIPLE 2STEP

1. Continuous Whip
2. Skaters turns
 - a. Prance /underarm turn
 - b. Underarm turn exit
3. Patty Cake /turning basic
 - a. Shoulder spin
 - b. Free spin
 - c. Scissors to cape
4. Mans free spins/to Sq off
5. Ladies reverse spin R to R
6. Whip Free spins
 - a. Mans spins also
7. Sq off to Yo, Yo's L. turn/R. turn (catch shoulder man is on inside)
8. Whip/mans underarm turn