

BETTY & LOU'S 2STEP2 DANCE STUDIO
281-337-0441
www.2step2.net

WEST-COAST SWING LEVEL II

1. WHIPS WITH INSIDE TURN

WITH INSIDE TURN TO CLOSED

WITH SINGLE OUTSIDE TURN

WITH TUCK & REVERSE

(OFF THE BACK WHIP)

(SHOULDER WHIP)

(PUSH WHIP)

2. SHE GOES /HE GOES

3. HOOK STEP (EIGHT COUNT)

4. HOOK & REVERSE (FOURTEEN COUNT)

(OPT): HOOK STEP / PRANCES/ FREE SPIN